

Leadership Self Assessment

There are many leadership traits that leaders can be measured against. We put together a small sample of 40 to help you assess your leadership strengths and opportunities for improvement.

Print this form. Give yourself a check mark in the appropriate column which best describes your view of how you feel about the leadership trait indicated. There is no right or wrong answer. But be truthful and objective as you take your time in rating yourself.

Leadership Traits		Strength of Mine	I'm Very Good	I'm Competent	I Need Some Work	Weakness of Mine
1	I consistently demonstrate honesty					
2	I consistently demonstrate fairness					
3	I am loyal to the ones I work with					
4	I treat all with dignity and respect					
5	I do what I say I'll do					
6	I'm open to feedback					
7	I'm open to criticism					
8	I'm respected by others					
9	I trust others					
10	I admit to mistakes I make					
11	I maintain a level demeanor during adverse times					
12	I'm good at delegating tasks / assignments					
13	I have good time management skills					
14	I have good work / life balance					

	Leadership Traits	Strength of Mine	I'm Very Good	I'm Competent	I Need Some Work	Weakness of Mine
15	I can determine and focus on the right priorities					
16	I do not procrastinate					
17	I do not micro manage					
18	I constantly strive to improve myself					
19	I'm a good team builder					
20	I develop others to be successful					
21	I hold others accountable when necessary					
22	I make timely decisions					
23	I'm open to a diversity in the work place					
24	I'm a good listener					
25	I have good presentation abilities					
26	I conduct effective meetings					
27	I don't talk down to people					
28	I make work fun					
29	I have a good grasp of all company functions					
30	I can stick to a budget					
31	I'm very goal oriented					
32	I address situations of conflict immediately					
33	I'm good at building relationships					
34	I give praise and recognition when deserved					
35	I'm good at strategic planning					
36	I'm creative					

Leadership Traits	Strength of Mine	I'm Very Good	I'm Competent	I Need Some Work	Weakness of Mine
Organizational change does not bother me					
I can be very persuasive of all ideas					
I have no difficulty in dealing with a problem employee					
I'm a team player					
Add The Number of Check Marks in Each Column					
Multiply Number of Check Marks by Factor Shown					
Sub Total	X 5	X 4	X 3	X 2	X 1
Add All Sub Totals Together To Get Total Score ----->					

If your score is 180 or above, you are in good leadership shape

If your score is below 180, you need to work on your leadership skills to become an exceptional leader

This leadership self assessment should confirm your strengths and areas of opportunities to improve. If you'd like to take this a step further you can do any or all of the following.

1. To determine if others feel the same way about your strengths and opportunities, ask your supervisor, peers, and direct reports to complete this assessment with you in mind
2. Contact us to provide you some professional coaching on the areas you need work and learn how to leverage your strengths
3. Contact us to take a complete leadership 360 degree feedback survey. This entails online completion of a broader scope of leadership competencies. We would also invite your supervisor, an unlimited number of peers and direct reports to give you their feedback on your performance on the same competencies.